



The Halton Resource Connection

Inspiring Excellence in Early Learning

Episode Reflection Form

Use this form to reflect on your learning after listening to an episode. You can use this form as documentation of participation in your CPL.

What? Describe the event: What did you hear? What was new learning? What stood out for you?	So What? Identify the implications: What does this learning mean for your practice? What new questions do you have?	Now What? Describe your course of action: What will you do/try with this learning? How will you integrate this into your practice?