

January to March – Winter 2025

The Halton Resource Connection

Come Learn With Us Today!

Our Vision

A leader and essential partner for professional excellence in the Halton Early Learning and Care community.

Our Mission

THRC works in partnership with individuals, organizations and families promoting the best interest of all children and youth within Halton and the broader community.

Professional Learning Opportunities

[visit thrc.ca for more information!](http://thrc.ca)

How To Register Online for Professional Learning Sessions

Register yourself online for Professional Learning sessions at thrc.ca, this ensures a space is reserved for you.

Once registered for a session(s), you will receive a registration confirmation, as well as a session reminder email.

Contact us for other ways to Register

Register over the phone by calling 905-875-4600 ext. 141 OR Visit us at 410 Bronte Street South in Milton to register in person during operating hours.

- Login to your THRC online account at thrc.ca (If you don't have an online account with THRC, set up an account by simply creating a username and a password.)
- Once you are logged in, click on the Professional Learning tab, scroll down and find the session you want to register for.
- Click on the session title, scroll down and complete the registration form. When you have completed the online form, click on the "send my booking" button, and your information will be sent to our administrative team.
- If a session requires payment, you can do that easily through the PayPal prompt.
- Once you receive a confirmation email, you have successfully registered for the session.

Curriculum Supports and Program Practices Professional Learning Sessions

Building Capacity through a Coaching Practice

Facilitated by: THRC Pedagogical Team

January 14, 2025

6:45pm - 8:15pm

&

February 5, 2025

11:00am - 12:30pm

&

March 4, 2025

6:45pm - 8:15pm

This session explores adult learning principles and using coaching in your practice to foster growth, development and empowerment with individuals or teams.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

Learning Community for All Educators

Facilitated by: THRC Pedagogical Team

January 21, 2025

7:00pm - 8:00pm

Educator Learning Community:

Connect, Share and Grow

This session is for all educators at all stages of your career, who are eager to connect with peers and expand your professional community. Bring your ideas, questions and collaborative spirit.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

ABC...of Cooking in Childcare

Facilitated by: Halton Region

January 22, 2025

4:00pm - 5:00pm

or

January 30, 2025

4:00pm - 5:00pm

Join Uma, Early Years Registered Dietitian with Halton Region Public Health for a discussion on preparing food in child care settings.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

Metis Nation of Ontario (MNO) Early Learning Child Care Education Kit Presentation

January 23, 2025

7:00pm - 8:00pm

or

January 30, 2025

7:00pm - 8:00pm

Join Early Learning Child Care Advisors for an overview of how the Métis Nations Ontario (MNO) ELCC Education Kit can be used in your learning spaces to promote and celebrate Métis culture.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

See, Share, & Wonder Tour – Maple Avenue Regional Child Care Centre

January 29, 2025

9:30am - 11:00am

Maple Avenue Regional Child Care

65 Maple Avenue, Georgetown, L7G 1X8

Maple Avenue Regional Child Care invites you to come and visit! Engage in a centre tour and a facilitated discussion. Be curious together, look, wonder and discover by connecting to the quality journey of others.

Professionals working in Halton Region: No Cost
Outside Halton Region: \$25

Embracing Outdoor Play in Every Season

Facilitated by: THRC Pedagogical Team

February 4, 2025

6:45pm-7:45pm

The Halton Resource Connection

410 Bronte Street South

Milton, L9T 0H8

Tiffany Room (Located on 2nd floor)

Discover the power of outdoor play in fostering creativity, resilience, and holistic development in children. This interactive session will explore the benefits of outdoor learning environments, no matter the weather from encouraging physical activity to nurturing curiosity and problem-solving skills.

Join us to embrace the outdoors as a dynamic learning space and connect with other educators who share a passion for enriching children's experiences through play and exploration!

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Learning Community for School Age Educators

Facilitated by: THRC Pedagogical Team

February 6, 2025

10:30am - 11:30am

Calling all School Age Educators:

Connect, Share and Grow

Join us for an inspiring and interactive networking session designed to bring professional dedicated to supporting School Age Children. Come share ideas, resources and build connections with others.

**Professionals working in Halton Region: No Cost
Outside Halton Region: \$25**

Via ZOOM

WE WANT YOUR FEED BACK

THRC continues to plan Professional Learning and we want to hear from you!

Survey

Learning Community for Infant/Toddler Educators

Facilitated by: THRC Pedagogical Team

February 11, 2025

7:00pm - 8:00pm

Infant and Toddler Learning Community: Connect, Share and Grow

Join fellow educators who share your passion for supporting the youngest learners. This interactive session is designed to share best practice strategies and resources to celebrate the impactful work you do everyday.

Professionals working in Halton Region: No Cost Outside Halton Region: \$25

Via ZOOM

Managing Behaviour In The Classroom

Facilitated by: Shiri Bartman, M.A., C. Psych., BCBA, RBA (Ont.)

February 13, 2025

6:30pm - 8:00pm

Participants will have the opportunity to explore different variables that impact behaviour in the classroom.

Shiri Bartman is a Psychologist and registered Behaviour Analyst with the College of Psychologists of Ontario. She has worked with children and young adults diagnosed with autism, ADHD, intellectual disability, learning disabilities and behavioural challenges for almost 30 years.

**Professionals working in Halton Region: No Cost
Outside Halton Region: \$25**

Via ZOOM

Reaching IN...Reaching OUT (RIRO)

Facilitated by: THRC Staff

February 19, 26 March 5, 2025

11:00am - 1:30pm via Zoom

&

March 19, 2025

9:00am - 4:00pm

The Halton Resource Connection
410 Bronte Street South
Milton, L9T 0H8
Tiffany Room (Located on 2nd floor)

RIRO offers evidence-based, resiliency skills training programmes to strengthen well being and resilience in adults and children through role modeling and relationships.

[Click here for more information on RIRO.](#)

Attendance to all four sessions is required.

Learning Community for Preschool Educators

Facilitated by: THRC Pedagogical Team

March 6, 2025

7:00pm - 8:00pm

Preschool Learning Community: Connect, Share, and Grow

Join fellow Preschool professionals to collaborate, share insights, exchange and spark fresh ideas and explore best practices in Early Childhood Education.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

Creating Inclusive Environments – A Guide for Visual Strategies for Learning

Facilitated by: THRC Pedagogical Team

March 18, 2025

6:45pm - 8:15pm

5195 Harvester Road, Unit #16
Burlington, L7L 6E9

Join us for an engaging and inspiring session dedicated to designing and fostering Inclusive environments using visual supports to enhance diverse communication and learning styles. Explore how visual strategies can promote independence, foster engagement, and improve understanding for children, with actionable insights and strategies to create more inclusive and effective learning environments.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Learning Community for Licensed Home Child Care Providers

Facilitated by: THRC Pedagogical Team

February 26, 2025

7:00pm - 8:00pm

Licensed Home Providers Learning Community: Connect, Share and Grow

Join other providers and celebrate your unique role in Early Childhood Education. This interactive session provides a supportive space to share ideas, resources and strategies with other professionals who share your passion for providing quality care in a home environment.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

Leadership and Operational Practices Professional Learning Sessions

Leadership Community of Practice

Facilitated by: THRC Pedagogical Team

January 16, 2025

11:00am - 12:00pm

Leadership Community of Practice: “Elevate Your Leadership”

This interactive session provides opportunities to reflect together, share practical experiences and meaningful network to equip you with tools to inspire and influence.

**Professionals working in Halton Region: No Cost
Outside Halton Region: \$25**

Via ZOOM

Ministry and Guiding Documents Professional Learning Sessions

Duty to Report

Facilitated by: Vanessa Box-Jones, Children’s Aid Society

January 23, 2025

7:00pm - 8:00pm

We all play a role in preventing child abuse and neglect. If you have any reason to believe that a child is in need of protection or is at risk of harm, make the call to Children’s Aid.

**Professionals working in Halton Region: No Cost
Outside Halton Region: \$25**

Via ZOOM

Mental Health and Well-Being Professional Learning Sessions

Mental Health & Well-Being

January 20, 2025

11:00am - 12:30pm

Idea Lab Kids

1393 North Service Road, East

Oakville, L6H 1A7

This session focuses on authentic conversations which involves educators to be a part of a brave space regarding mental health and well-being in our child care environments.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Communication & Self-Regulation

Facilitated by: Shiri Bartman, M.A., C. Psych., BCBA, RBA (Ont.)

February 6, 2025

6:30pm - 8:00pm

Participants will have the opportunity to learn about common challenges and delays with the developments of typical language and communication and how these can contribute to interfering behaviour in the classroom.

Shiri Bartman is a Psychologist and registered Behaviour Analyst with the College of Psychologists of Ontario. She has worked with children and young adults diagnosed with autism, ADHD, intellectual disability, learning disabilities and behavioural challenges for almost 30 years.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Getting to Know You! Building Mindful Relationships with Children

Facilitated by: THRC Staff

February 20, 2025

6:30pm - 8:00pm

The Halton Resource Connection

410 Bronte Street South

Milton, L9T 0H8

Tiffany Room (Located on 2nd floor)

"When an educator offers their complete attention to children, amazing things can unfold. Fostering an environment where children feel safe to share their thoughts and emotions in a mindful way, will promote conversations, open communication, build trust and strengthens connections.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Caring and Responsive Relationships

Facilitated by: THRC Pedagogical Team

February 25, 2025

7:00pm - 8:30pm

Explore the power of caring and responsive relationships with children. This session dives into the importance of creating meaningful connections and how responsive interactions strengthen nurture and inspire growth.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

Emotion Coaching

Facilitated by: THRC Pedagogical Team

February 25, 2025

6:00pm - 8:00pm

This sessions' objectives are to deepen participants' comprehension of a child's emotional development and equip them with strategies for responding with emotions become overwhelming. Strategies will include validation, acknowledgement, and effectively identifying both significant and subtle emotions. Participants will gain insight into the child's experience of navigating these feelings and recognize their role of supporting emotional development.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

Let's Talk Self-Reg: Self-Reg for Educators

Facilitated by: THRC Pedagogical Team

February 26, 2025

6:45pm - 8:15pm

**The Halton Resource Connection
410 Bronte Street South Milton, L9T 0H8
Tiffany Room (Located on 2nd floor)**

Empowering growth through self-regulation. Discover how self-regulation serves the foundation for personal and professional growth. In this engaging and practical session, educators explore the five steps and five domains of self-regulation, what this looks like in practice and why it is so important to understand and support our own self-regulation.

Professionals working in Halton Region: No Cost
Outside Halton Region: \$25

Understanding and Managing Arousal Regulation, Big Emotions and Behaviour in Young Children

Facilitated by: Jessica Faith, OT Reg. (ONT)

March 5, 2025

6:30pm - 8:00pm

This session will focus on the various factors that cause dysregulation, which often lead to big emotions and unexpected behaviours.

Professionals working in Halton Region: No Cost
Outside Halton Region: \$25

Via ZOOM

Diversity, Equity, Inclusion & Belonging Professional Learning Sessions

Metis Nation of Ontario (MNO) Early Learning Child Care Education Kit Presentation

January 23, 2025

7:00pm - 8:00pm

or

January 30, 2025

7:00pm - 8:00pm

Join Early Learning Child Care Advisors for an overview of how the Métis Nations Ontario (MNO) ELCC Education Kit can be used in your learning spaces to promote and celebrate Métis culture.

Professionals working in Halton Region: No Cost
Outside Halton Region: \$25

Via ZOOM

Understanding and Managing Arousal Regulation, Big Emotions and Behaviour in Young Children

Facilitated by: Jessica Faith, OT Reg. (ONT)

March 5, 2025

6:30pm - 8:00pm

This session will focus on the various factors that cause dysregulation, which often lead to big emotions and unexpected behaviours.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

Via ZOOM

The Inclusive Classroom

Facilitated by: Monica Maddison

March 25, 2025

7:00pm - 8:00pm

Caring for neurodiverse learners may require additional supports that may differ from what educators have previously expected or experienced in the early years setting. This introductory session will give educators the foundational knowledge of an autism diagnosis, a holistic view of neurodiversity, and discuss the importance of both inclusion and social-emotional learning.

Professionals working in Halton Region: No Cost

Outside Halton Region: \$25

VIA ZOOM

Inclusive Environments

Facilitated by: THRC Pedagogical Team

March 27, 2025

7:00pm - 8:00pm

Come explore strategy for building environments that foster belonging and equity to celebrate the diversity of all children. This engaging session provides scenarios and practical tools to support professional in creating spaces where everyone can thrive.

Professionals working in Halton Region: No Cost
Outside Halton Region: \$25

Via ZOOM

NEW Supervisors Connections: Leadership Series

Leadership is an ever-evolving journey that requires adaptability, insight, and a commitment to growth. Whether you are looking to refine your skills or gain new perspectives, these sessions offer a variety of topics designed to support and enhance your leadership practice. THRC is excited to welcome Dr. Elaine Cook, PhD as she shares her expert and insights. Elaine recently completed her doctorate in applied behavioural psychology at the University of Toronto, where her research focused on solution-focused coaching, cultural psychology and communication as mediators of personal and team development.

Professionals working in Halton Region: \$15

Outside Halton Region: \$25

Light refreshments will be provided

Leadership Connection Series: Beautiful Constraints

[March 26, 2025](#)

[9:30am – 12:30pm](#)

Haber Community Centre

3040 Tim Dobbie Drive, Burlington

Community Room #1

Post-pandemic stress and anxiety challenge individuals and workplaces, compounded by constraints like time, resources, and finances. This session teaches participants to identify, reframe, and leverage constraints to enable aspirational goals. Learn to reshape narratives and create hopeful, enduring stories for personal and organizational growth.

Leadership Connection Series: Difficult Conversations

[April 30, 2025](#)

[9:30am – 12:30pm](#)

Halton Location TBD

Difficult conversations arise in all areas of life. This session explores what makes them challenging, how we're wired to respond, and strategies for engaging effectively. Participants will gain skills to navigate these conversations with greater ease and wisdom, fostering more positive outcomes.

Leadership Connection Series: Perfectly Good Enough

[May 28, 2025](#)

[9:30am – 12:30pm](#)

Halton Location TBD

Imagine knowing that good enough is better than perfect: better for your mental health and wellbeing, better for your effectiveness and productivity, better for culture, better for your clients. In this engaging and essential session we explore the difference and science between mediocrity, good enough and perfectionism, as well as the skills and practices to be perfectly good enough.

THRC Table-Talks

Community-Talks

Have a topic you want to unpack in an episode, want to share your story?

Reach out at connect@thrc.ca

"In our staff meeting, we listen to a podcast episode as a team, taking time to reflect on the conversation and discuss the topic afterward." - Community Member, Halton, 2024

"I listen to them on my commute, this is the time when I can reflect the most!" - Community Member, Halton, 2024

Listen Now

[Curriculum Supports & Program Practices](#)

[Leadership and Operational Practices](#)

[Diversity, Equity, Inclusion & Belonging](#)

Join us as we reflect and learn together by sharing stories and perspectives from professionals in the early learning community.

Use this [Podcast Reflection Form](#) to reflect on your learning after listening to an episode, and add it to your CPL.

Do you have something to share? Email us at connect@thrc.ca.

Exciting News

We're making it easier for you to access our resources.

Starting January 6th, 2025 our Burlington and Milton location will have NEW hours.

SATELLITE BURLINGTON RESOURCE LIBRARY HOURS

MONDAY: 9:00am-5:00pm

TUESDAY: 12:00pm-8:00pm

WEDNESDAY: 9:00am-5:00pm

Visit to explore, borrow resources, and connect with our Resource Library team.

MILTON RESOURCE LIBRARY HOURS

MONDAY: 9:00am-5:00pm

TUESDAY: 12:00pm-8:00pm

WEDNESDAY: 9:00am-5:00pm

THURSDAY: 12:00pm-8:00pm

SATURDAY: 10:00am-3:00pm

(Open every 2nd & 4th Saturday & closed on long weekends)

We look forward to seeing you in the New Year!

College of Early Childhood Educators

Membership

[New Member Resources Renew Your Membership Forms](#)

[Learn more about CPL FAQs](#)

[Code of Standards Sexual Abuse Prevention Program Professional Regulation](#)

For more information, please visit college-ece.ca

Our Kids Network

[Upcoming Events](#) - Browse the list of upcoming webinars, training sessions and other events.

[Resource Hubs](#) - Information, research reports, and resources to support professionals who work with children, youth, and families.

[Latest News](#) - Our Kids Network has released a new report called “Insights into Youth Mental Health and Well-Being in Halton”, which shares data gathered directly from Halton’s youth.

[Relationships and Reconciliation](#) - Building relationships with the Indigenous community may be easier than you think.

