

TRANSITIONS

INFORMATION AND INSPIRATION SHEET

“When the schedule allows for long periods of uninterrupted play, with few transitions, children are calmer and more engaged.” HDLH, Pg. 20

HOW CAN WE SUPPORT SUCCESSFUL TRANSITIONS?



✓ Reflect on ways to decrease the amount of transitions that are needed in the program. Can transitions be combined or removed to allow for more uninterrupted play? You decide!

✓ Providing children warnings (visual and verbal) of upcoming transitions will help them process and prepare for what's coming next in the program.



LOADING ...



Research shows that slowing down transitions and giving time for children to process the transition warnings boosts the efficiency of transitions overtime (2019, Conway & Garcia)



✓ Providing fidget tools, books, and/ or small toys for children who are finished early to keep them engaged while they are waiting for others.

This bin to the left is available at THRC's Resource Library. Ask for Fidget Resources, Bin number 6514



✓ Using visuals helps children understand and process the world around them. THRC's Resource Library offers visuals like the ones shown on the right: e.g.

First-Then boards, dressing schedules, visual daily schedules and visual tags



Reference: Conway & Garcia, September 2019, European Journal of Educational Sciences: Appropriate processing time: Valuing process over product, DOI 10.19044/ejes.v6no3a1



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Whatever strategies you use to support smooth transitions should be used consistently every day.



Using transitions songs to keep children engaged and motivated, e.g. the Mission Impossible clean up song, or using a timer to “race” to complete a transition.



Transitioning in small groups allows for more individualized attention and more space for the children to build independent skills.



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THRC's Resource Library supports the creation of visuals using the Boardmaker program.

Call us or email us to speak with one of our knowledgeable staff on how best to support the classroom's transition times with either resources to borrow or visuals to purchase.

FOR MORE INFORMATION AND SUPPORT, CONNECT WITH YOUR QUALITY FIRST CONSULTANT AND/OR RESOURCE CONSULTANT

Explore links below to articles on transitions:

- Birth2School Tool Kit- Supporting Transitions
- Preparing Children for Transitions
- Reducing Challenging Behaviours During Transitions

