



Podcast Resource Form

This form houses all resource links referred to in this episode as well as other links that could extend your reflections.

Episode:

Supporting a New Child's
Transition from Home to
Childcare.

Resource Links:



MAKING A SMOOTH TRANSITION FROM HOME TO CHILDCARE INFORMATION AND INSPIRATION SHEET

Transitioning a child from home to childcare can be an adjustment for both the child and the family and through thoughtful planning and collaboration can support a smooth experience for all.

THINGS TO CONSIDER



Planning ahead

- Connect with families to learn about their child to ensure the necessary care, guidance, resources, and emotional assistance each child requires; strengths, needs, languages spoken, medical requirements and food preferences.
- Collaborate with the leadership, team members and other professionals to make the transition as smooth as possible.
- Organize and modify the environment to promote a sense of belonging; labelling cubbies, diaper area, beds, having special seating arrangements if required, creating spaces to have alone time away from the group and modifying the menu to support food preferences.



Gradual transition

- Invite family members to accompany the child during the initial visit.
- Considering increasing amount of time in the new environment before the official start date; a few hours in the morning, participating in a transition and staying for lunch.
- Every child is unique, and their transition to childcare may vary.

Building a trusting relationship with the family

- Strengthen cultural competence within your program by understanding the unique characteristics and strengths of each family.
- Engage with families as co-learners, and that family and child well-being are connected.
- Find the best way to communicate with them: email, phone call or leaving a confidential note.
- Communicate regularly to share how the child adapts to the new environment, progress or any changes in the routine.

WHEN WE RECOGNIZE AND BUILD ON
THE STRENGTHS OF FAMILIES AND THE
LOVE THEY HAVE FOR THEIR CHILDREN
EVERYONE BENEFITS.
(CCLC, PG 10)

Inspiration Sheet:

Making a Smooth Transition from Home to Child Care