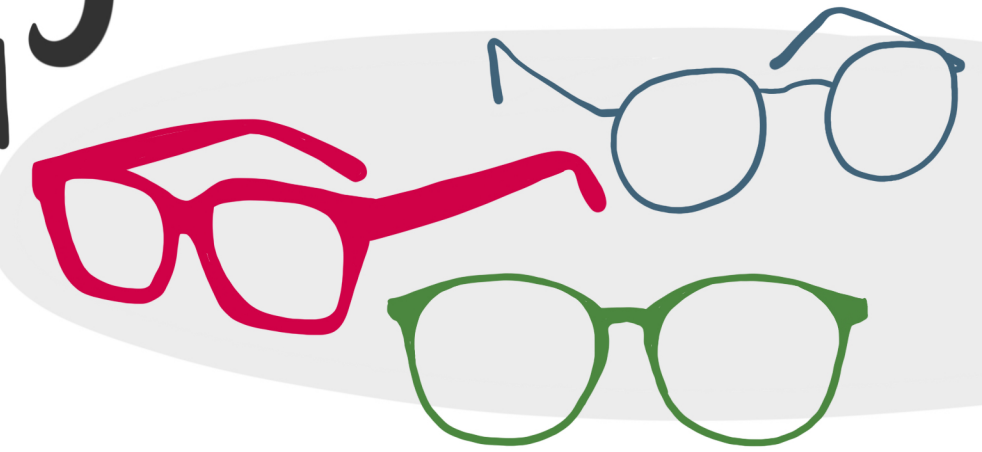


# Your New Lenses Are Ready For Pick Up

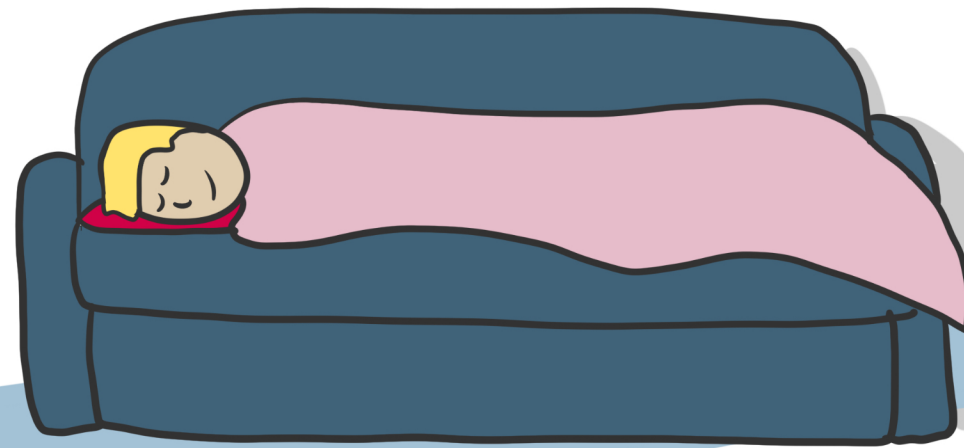
SEEING THE LIGHTER SIDE OF LIFE IN CHALLENGING TIMES



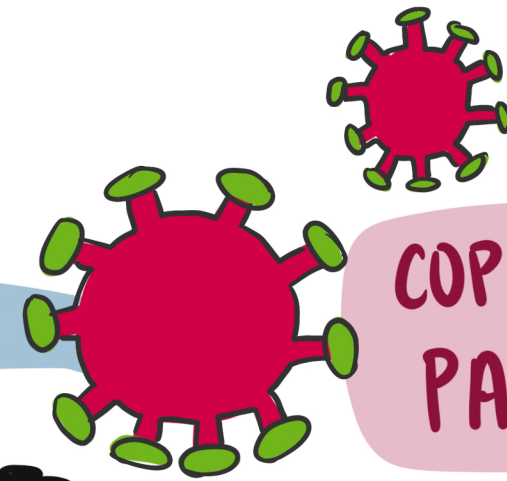
SUSAN STEWART



"JOMO"



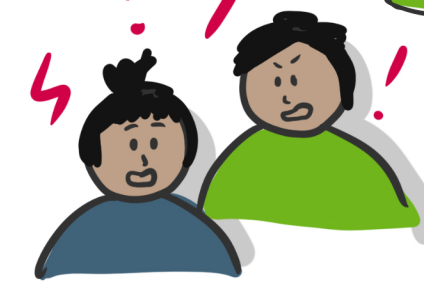
how things change...



COPING IN A PANDEMIC



WE BECAME VACCINE SOMMELIERS



CAN YOU PLEASE MUTE YOURSELF?

I AM STRONG & RESILIENT

A SAYING AMONG COMEDIANS:



REMEMBER:

- NOTHING STAYS THE SAME

- LIFE IS UNPREDICTABLE

- DISCOMFORT AND MEANING GO TOGETHER

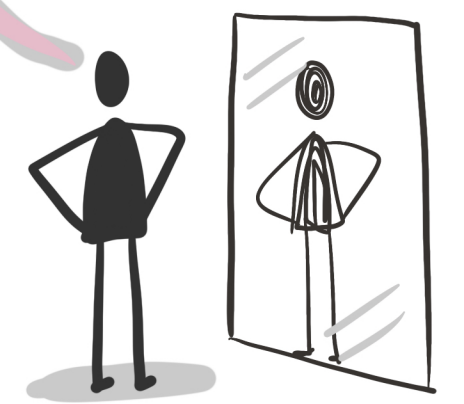
- GOOD THINGS CAN COME OUT OF BAD THINGS



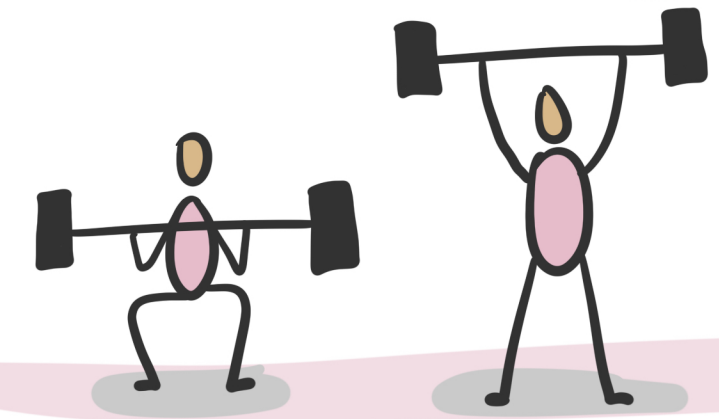
WHAT ARE YOU IN CONTROL OF?

THE GOLDEN RULE:  
tell the truth

A GREAT JOY AWAITS YOU



LOOK AT YOUR PAST DATA



CHALLENGES ARE POSITIVE CHANGE IN PROGRESS

