

# PROFESSIONAL LEARNING

SEPTEMBER 2022

## **TALKING CIRCLES**

**SEPTEMBER 20, 2022 FROM 7:00PM-8:00PM**

Talking Circles will be a mix of focused conversations about how we implement the spirit of reconciliation; addressing myths and misconceptions; activities and resources for young children.

Join Karen Marshall, MCRC's Indigenous Reconciliation Facilitator and Consultant.



## **TEACHER TALK: ENCOURAGING LANGUAGE DEVELOPMENT IN EARLY CHILDHOOD SETTINGS**

**SEPTEMBER 21, 28 & OCTOBER 5, 2022  
FROM 5:30PM-8:00PM**

The first training in the series, Encouraging Language Development in Early Childhood Settings, will show you how to use everyday conversations, play and daily routines to promote the communication and social development of all children including those with language delays and those who are second language learners.

## **WALKING ALONGSIDE: INDIGENOUS EDUCATION SERIES**

**SEPTEMBER 22, 2022  
FROM 6:30PM-7:45PM**

Jo Chrona and Monique Gray Smith will be facilitating a series of sessions with curious, compassionate and hopeful conversations that explore Indigenous education.

Attend one or all four sessions.



## **ENERGIZING SCHOOL AGE EDUCATORS**

**SEPTEMBER 23, 2022  
FROM 10:00AM-12:00PM**

Looking to freshen up your program?  
Come join us to network, play and learn new ideas from each other!

## **HEALING CIRCLES**

**SEPTEMBER 27, 2022**

**FROM 7:00PM-8:30PM**

**This session is for Black Professionals in the Early Years Sector.**

In this Healing Circle, participants are empowered to nourish reconnection to their birthright of inherited resilience, embodied wisdom, communal connection, and fortified belonging. Melanated Healing Circles are exclusively for Racialized people, free from intrusive scrutiny that requires code-switching and generates tension that interrupts true healing.

## **WELLNESS RECOVERY ACTION PLAN (WRAP)**

**SEPTEMBER 28, OCTOBER 5, 12, 19, 26,  
NOVEMBER 2 & 9, 2022  
FROM 6:30PM-8:30PM**

The Wellness Recovery Action Plan or (WRAP) is a self-designed prevention and wellness process that anyone can use to get well, stay well and make their life the way they want it to be. It is now used extensively by people in all kinds of circumstances all over the world to address all kinds of physical, mental and life issues. Attendance to all seven sessions is required.

## **INTRO TO EARLY YEARS**

### **MENTAL HEALTH**

**SEPTEMBER 28, 2022**

**FROM 6:30PM-8:00PM**

This session is an introduction to understanding children's anxiety and how it may present itself.

ROCK Early Years Facilitators will offer strategies on ways in building resilience and reducing stress and anxiety for children.

Educators will be introduced to some basic coping strategies appropriate to manage stress and anxious behaviours in the classroom.



## **LEARNING COMMUNITIES FOR EDUCATORS**

**Infant/Toddler, Preschool, Licensed Home & All Age Groups**

**For a list of all Professional Learning Opportunities visit the [Upcoming Event page](#) on [thrc.ca](#)**

