



The Halton Resource Connection

PROFESSIONAL LEARNING

JUNE 2022

THE CLAY LAB: AN EXPLORATION OF CLAY

June 1, 2022 from 6:30pm-8:00pm & June 18, 2022 from 9:30am - 11:00am

Join Artist Shannon from ACT-Artists and Children Together in exploring our human connection to the earth, using clay. Where does it come from and why do we want to explore it? Can exploring the states of clay deepen our connection to the earth, ourselves and our own wellness?

Come with us on a journey into clay from wet to hard, crumbled to liquid and see why clay is a catalyst to building relationship and in-person.

ENHANCING OUTDOOR LEARNING ENVIRONMENTS

June 2 & 9, 2022 from 6:30pm-7:30pm

Session One:

Join us at Thistleoaks Child Care Centre to tour their outdoor learning environment! Engage in an in-person visit and a facilitated discussion that will inspire you to enhance outdoor learning experiences in your program.



Session Two:

Join us at The Halton Resource Connection to explore, reflect and share ideas and stories by connecting to the outdoor learning journey of others. Come ready to create a blueprint that will support you in enhancing your outdoor learning environment.

MINDFULNESS: THE POSTIVE MINDSET

June 2, 2022 from 7pm-8pm

Mindfulness is a way to bring us to the present moment.

Developing a Mindfulness Practice can:

- Calm the mind and bring ease to the body
- Reduce stress and ease anxiety
- Help us to relax
- Change our mood and bring feelings of well being
- Support us with Metal Health

Please bring yourself. Noting else is needed. If at home, please wear comfortable clothing. This Mindfulness session is meant as a time of Self Care.



KRISTEEN SOPEJU
YOGA AND WELLNESS

TALKING CIRCLES

**June 14, 2022 from
11:30am-12:30pm**

Talking Circles will be a mix of focused conversations about how we implement the spirit of reconciliation; addressing myths and misconceptions; activities and resources for young children.

Join Karen Marshall, MCRC's Indigenous Reconciliation Facilitator and Consultant.



ONE WITHOUT THE OTHER: BOOK CLUB SERIES

**June 21, 28, July 5, 12, 2022
from
6:00pm-7:00pm**

Join us for Reading in the Park as we gather outdoors to examine and explore our own ideas and practices about diversity, equity and inclusion. We will be reading Shelley Moore's "One Without The Other: Stories of Unity Through Diversity and Inclusion".

****BRING A FOLDING CHAIR****

EXPLORATIONS AND DISCOVERY

June 22, 2022 from 6:30-8pm

What happens when children's natural curiosity is engaged? What sparks play and leads to development in all domains? Take a closer look at how this comes together through invitation and provocation. Participants will have an opportunity to share photos.



NEW SUPERVISOR SURVIVAL GUIDE FOR SUCCESS AND BEYOND

June 23, 2022 from 11:00am-12:00pm

Becoming a supervisor for the first time is an exciting, yet nerve-wracking experience. We will focus on building a community with staff, children, and families, leadership growth and development, effective communication skills and we will even touch on burnout. This session will provide you with interactive case studies that will allow you to network and connect.

LEARNING COMMUNITIES FOR EDUCATORS

Infant/Toddler, Preschool, School Age,
Licensed Home & All Age Groups



For a list of all Professional Learning Opportunities visit the [Upcoming Event page](#) on [thrc.ca](#)

