



The Halton Resource Connection

# PROFESSIONAL LEARNING

JUNE 2022

## ENHANCING OUTDOOR LEARNING ENVIRONMENTS

**June 2 & 9, 2022 from 6:30pm-7:30pm**

**Session One:** Join us at Thistleoaks Child Care Centre to tour their outdoor learning environment! Engage in an in-person visit and a facilitated discussion that will inspire you to enhance outdoor learning experiences in your program.

**Session Two:** Join us at The Halton Resource Connection to explore, reflect and share ideas and stories by connecting to the outdoor learning journey of others. Come ready to create a blueprint that will support you in enhancing your outdoor learning environment.

## MINDFULNESS: THE POSITIVE MINDSET

**June 2, 2022 from 7pm-8pm**

Mindfulness is a way to bring us to the present moment.

Developing a Mindfulness Practice can:

- Calm the mind and bring ease to the body
- Reduce stress and ease anxiety
- Help us to relax
- Change our mood and bring feelings of well being



## TALKING CIRCLES

**June 14, 2022 from  
11:30am-12:30pm**

Talking Circles will be a mix of focused conversations about how we implement the spirit of reconciliation; addressing myths and misconceptions; activities and resources for young children.

Join Karen Marshall, MCRC's Indigenous Reconciliation Facilitator and Consultant.



## EXPLORATIONS AND DISCOVERY

**June 22, 2022 from 6:30-8pm**

What happens when children's natural curiosity is engaged? What sparks play and leads to development in all domains?

Take a closer look at how this comes together through invitation and provocation. Participants will have an opportunity to share photos.

## LEARNING COMMUNITIES FOR EDUCATORS

Infant/Toddler, Preschool, School Age,  
Licensed Home & All Age Groups

For a list of all Professional Learning Opportunities visit the [Upcoming Event page](#) on [thrc.ca](#)

