

## CULTIVATING BELONGING IN EARLY YEARS AND CHILD CARE

Halton's Professional Learning Symposium October 28, 2022 | Online Journal



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#### HOW TO USE THIS ONLINE JOURNAL

This online space is an opportunity to highlight your thoughts, ideas and reflections as you engage in the virtual Cultivating Belonging in Early Years and Child Care Professional Learning Symposium.

This will support you in your professional practice and learning journey. Use this throughout today's event to capture your thoughts and information gathering and any future recordings or sessions you may attend. Each speaker will have a page dedicated to their session where your thoughts and ideas can be captured. Complete the reflection questions to consider what is next in your learning journey.



Download this journal to your own device to complete during the event and future sessions using the fillable forms.

#### SUSAN STEWART: YOUR NEW LENSES ARE READY FOR PICK UP: SEEING THE LIGHTER SIDE OF LIFE IN CHALLENGING TIMES



Sugan Stewart

9:00 AM - 10:00 AM

We are kicking things off with some laughs and inspiration featuring comedian/author/speaker, Susan Stewart! With the humour she is best known for; Susan will be sharing how changing your perspective (and re-writing the story you're telling yourself) can help you be resilient in times of adversity or uncertainty.

# REIGNITE

Providing an **equitable** space that meets us where we are at, and allows us to feel excited and passionate about our work with colleagues, children and families. Providing a space of safety to learn about ourselves, to reflect on our path, and to delve deeper into our passion for working with children.

Kendra Gage

CREATING INCLUSION AND CONNECTION THROUGH INDIGENOUS WAYS OF KNOWING AND BEING

Beth Anne Baus, Evelyn Bursey É Maggie Perrins

INTRODUCTION TO THE HALTON EARLY YEARS MENTAL HEALTH TOOLKIT: A DISCUSSION OF MENTAL HEALTH IN EARLY CHILDHOOD SETTINGS

leah Faylor, Matthew Bourke

É Trish Tucker

PROMOTING HEALTHY MOVEMENT BEHAVIOURS IN EARLY CHILDHOOD EDUCATION SETTINGS

Fammy Whelen

UNDERSTANDING COMPASSION FATIGUE, BURNOUT, AND VICARIOUS TRAUMA

Georgiana Mathurin É Dr. Janelle Brady

NAVIGATING ANTI-BLACK RACISM AND PRECARIOUS MIGRATION STATUS IN THE EARLY CHILDHOOD SECTOR

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Pierre Harrison

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Zoe Mitchell

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Anisha Angella

MORE THAN A BOOK ON A SHELF: DIVERSITY IN AND EARLY CHILDHOOD ENVIRONMENT

Abhi Ahluwalia

CRITICAL THINKING BY DESIGN

#### NETWORKING, FORUMS AND EXHIBITERS:

# REFRESH

Diverse opportunities for learning together and listening to the voices of colleagues, friends, and community partners, while discovering new practices, perspectives, and pedagogies that reinvigorate our 'why'.

#### CLOSING REMARKS



atalie

3:00 PM - 4:00 PM

#### CLOSING REMARKS AND WRAP UP

ECEs have one of the most powerful jobs in the world. We support young minds; we create spaces that cultivate love, and we are pouring love into children and families everyday while balancing our own families and responsibilities. We do it all! However, we have to make sure that we are also pouring into ourselves. We want to make sure that we are giving ourselves the same love and compassion every day. After a day of learning and collaborating, let's make sure that we always keep our cup FULL!

## RECOGNIZE

Participating by using this **inclusive** platform to build a stronger sense of empowerment, knowledge, and skills as we recognize the contribution and hard work of those in the early years and child care sector to fostering learning and development.

#### YOUR NEW LENSES ARE READY FOR PICKUP: SEEING THE LIGHTER SIDE OF LIFE IN CHALLENGING TIMES

Susan Stewart

What was the impact of the learning event on you?

- How did it make you feel?
- What did it make you think about?

Identify the key messages of the learning session. Consider if these key messages affirmed your current education practices or did it encourage you to think a little differently: What messages would you like to put into practice?

How might you share these messages with your colleagues?

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#### **EXPLORING FRIENDSHIPS IN EARLY CHILDHOOD EDUCATION**

Diane Kashin

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#### L'APPRENTISSAGE : UN CHEMINEMENT DE VIE

Pierre Harrison
Quel a été l'impact de l'événement d'apprentissage sur vous ? a. Comment l'avez-vous ressenti? b. A quoi avez-vous pensé?
Identifier les messages clés de la session d'apprentissage. a. Demandez-vous si ces messages clés confirment vos pratiques éducatives actuelles ou s'ils vous ont encouragé à penser un peu différemment. b. Lesquelles de ces idées clés aimeriez-vous mettre en pratique?
Comment pourriez-vous partager ces messages avec vos collègues ? a. (i.e., organiser une discussion dans une réunion du personnel; préparer une synthèse/réflexion écrite sur l'information; mettre en place un affichage; créer un classeur de ressources)
Comment l'appartenance, l'équité, la diversité, et l'inclusion (EDI) sont-elles appliquées dans cette session? a. Quelles sont vos nouvelles connaissances se l'EDI?

b. Comment est-ce que ces informations vous aideront dans votre travail avec les enfants et les familles dont vous êtes responsable ou que vous soutenez?

#### LE JEU : UNE NÉCESSITÉ FONDAMENTAL

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#### UNDERSTANDING COMPASSION FATIGUE, BURNOUT, AND VICARIOUS TRAUMA

Fammy Whelen

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#### CREATING AND SUSTAINING EQUITABLE AND INCLUSIVE CHILDCARE TO UNLOCK EVERY CHILD'S POTENTIAL

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#### **INCLUSIVE WORKPLACES**

Marie Helene Budworth

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How was Belonging, Equity, Diversity, & Inclusion (EDI) implemented in this session? What are some of your new understandings of EDI? How will this information aid you in your work with the children and families in your care/support?

Join Marie Helene for a session on Inclusive Recruitment November 30th or Inclusive Retention January 25th:

#### LIBERATION ARTS- LITTLE ONES LET US HEAR THEM ROAR

Rapinder Kaur

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#### BUILDING CULTURALLY RESPONSIVE PRACTICE AT THE INTERCULTURAL CHILD AND FAMILY CENTRE

Carol Massing É Mary <u>Ly</u>nne Matheson

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Learning to Teach Young Children: Click Here

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Abhi Ahluwalia

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#### **STRESS MANAGEMENT FOR EDUCATORS**

Natalie Royer

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#### **ANTI-RACISM IN THE EARLY YEARS**

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Thank you for your participation in Halton's Cultivating Belonging in Early Years and Child Care Symposium. In Halton we recognize and acknowledge all educators, child care workers, and leaders for their service to our community. We are proud of our sector's commitment to providing quality child care and early years programs. Thank you for all you do.

Register your email at **thrc.ca/professionallearning** to receive the most current information about what is happening in the Early learning and Child Care sector from THRC.

Continue your Professional Learning Journey by visiting THRC's website for more Professional Learning. We look forward to working with you.



This opportunity is funded in partnership with the Region of Halton, the Province of Ontario and Government of Canada under the new Canada-Ontario Early Childhood Workforce Agreement, which provides one-time federal funding to support the recruitment and retention of a high-quality child care and early years workforce.