



# The Halton Resource Connection

*The Halton Resource Connection*

*Partners in Professional Excellence*

## Leadership Conference 2018



*"Connection is why we're here; it is what gives purpose and meaning to our lives." Brene Brown*

**Friday, October 12, 2018**

**9:00am to 4:00pm**

**Holiday Burlington Inn**

**3063 South Service Road, Burlington**

**THRC Member: \$75.00, Non-Member: \$85.00 (includes lunch)**

**Registration Deadline: September 28, 2018**

**REGISTRATION:8:30am - 9:00am**

**Keynote 9:00am - 4:00pm**

## **KEYNOTE SPEAKER**

**ANNYSE BALKWILL**

Annyse Balkwill has a joyful passion for changing the world through meaningful human connection. She loves sharing stories and knowledge with curiosity of what is possible. Annyse has a background in the corporate world as a chemical and biochemical engineer where she was able to practice her facilitation methods. It was here that she began to see the greater need for this work and decided to create her own vision resulting in her starting The LuminUs Group!

THRC invites you to join Annyse as she guides us through an experience rooted in mindfulness and resiliency. As core people in the operation of a child care centre, leaders provide support and guidance to children, educators and families and must continually adapt to the ever-changing child care environment. With all the daily pressures you face, do you find yourself asking how to effectively support those you lead and how to build the social and emotional skills of the team while nurturing your own?

Science tells us we are fundamentally energetic beings. When we understand what this means we can use this knowledge and awareness to better understand the world around us and increase our ability to be nurturing, caring, supportive and compassionate in our care for others and our care for ourselves.

Participate and learn about how our energy flows and how it can positively impact our resiliency and clarity. Annyse will guide the group through mindfulness practices in order to tune into all of the information presented that day. The day promises to be an experience with a unique teaching approach. We will collectively add knowledge and wisdom into the experience as we truly co-create the day.



## **HOW TO REGISTER**

**Register online at [thrc.ca](http://thrc.ca)**

If you need assistance, please contact:

905-875-4600 ext.141

or email [administrativeassistant@thrc.ca](mailto:administrativeassistant@thrc.ca)